

**CONFIDENTIAL MEMBER INFORMATION**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Marital Status: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
 City: \_\_\_\_\_ Employer: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_ Occupation: \_\_\_\_\_  
 Email: \_\_\_\_\_ Preferred Contact Method (Text, Call, E-Mail): \_\_\_\_\_

**AS A RESULT OF MY CHIROPRACTIC CARE I WOULD LIKE TO:**

- Feel better quickly
- Have a healthier body
- Recover from injury/illness
- Have a healthier spine
- Reach a higher health status
- Restore Joint Function

**YOUR HEALTH HISTORY (0-17 Years)**

**AS A YOUTH, DID YOU EVER:**

Receive Chiropractic Care?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Fall out of bed as an infant?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Fall down steps, out of a tree or off bike?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Have any other falls or accidents?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Recurrent childhood illness/sickness?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Have surgery? (dates, type)	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Take drugs? (antibiotics, vaccines)	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Falls that cause banging on head?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Falling from a chair?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Yanked/pulled by arm?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Experience other traumas/stresses?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____

**YOUR CURRENT HEALTH CONDITIONS**

**AS AN ADULT, DID YOU EVER:**

Receive Chiropractic Care (Prior To Today)?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Eat healthy foods regularly?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Drink 8-10 glasses of water per day?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Exercise regularly?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Smoke? (amount each day)	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Drink alcohol? (number of drinks each week)	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Have any auto accidents? (dates)	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Utilize drugs? (prescription / non-prescription)	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Have any surgeries? (dates)	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Sleeping problems?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Have/had occupational/work stresses?	Y <input type="checkbox"/> N <input type="checkbox"/>	_____
Sports or hobby injuries? (dates, type)	Y <input type="checkbox"/> N <input type="checkbox"/>	_____

**ADDRESSING THE ISSUES THAT BROUGHT YOU INTO OUR OFFICE**

Reasons For Today's Visit \_\_\_\_\_

How long have you suffered with this problem? \_\_\_\_\_

What have you tried to resolve this problem and DID NOT work? \_\_\_\_\_

Have you become discouraged about the problem? \_\_\_\_\_

When this problem is at its worst, how does it make you feel? \_\_\_\_\_

Does it interfere with... work family hobbies life exercise \_\_\_\_\_

What activities make this problem worse? \_\_\_\_\_

What activities make this problem better? \_\_\_\_\_

On a scale of 1 to 10, with 10 being the highest, rate your commitment in helping yourself solve this problem: \_\_\_\_\_

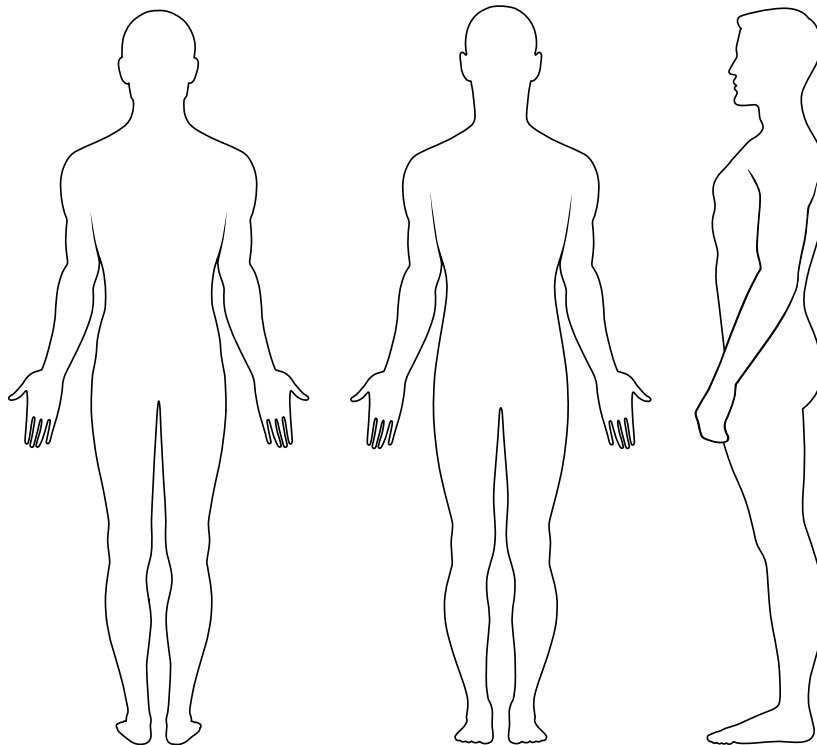
**OTHER COMPLAINTS (EVEN IF THEY DO NOT SEEM TO BE RELATED TO YOUR VISIT TODAY)**

**CIRCLE ALL THAT APPLY**

- |                     |                                |                    |                                |
|---------------------|--------------------------------|--------------------|--------------------------------|
| Low Back Pain       | Tension Across Shoulders       | Weight Trouble     | Digestive Problems             |
| Allergies/Asthma    | Numbing/Tingling in Arms/Hands | Nervousness        | Pain between Shoulders         |
| Neck Pain           | Numbing/Tingling in Legs/Feet  | Irritability       | Tension/Migraine Headaches     |
| Frequent Colds      | Dizziness                      | Menstrual Problems | Difficulty Sleeping            |
| Tired, Fatigued     | Ear Infections/Ringing         | Stomach/ Bowel     | Difficulty Bending/Lifting     |
| High Blood Pressure | Muscle Spasms                  | Depression         | Inability to do Sports/Hobbies |

**WHAT IS YOUR BODY TELLING YOU?**

INDICATE AREA OF PAIN:



Member Signature: \_\_\_\_\_

Date: \_\_\_\_\_